

**ALZHEIMER'S DAY CARE STATE FUNDING**  
**REQUEST FOR PROPOSALS**  
**STATE FISCAL YEAR 2024**

Posted March 2023

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FUNDING SOURCE: State of Connecticut, Fiscal Year 2024

ELIGIBLE APPLICANTS: Public or private Adult Day Care Centers within the fourteen-town area of southwestern Connecticut (Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton).

FUNDS AVAILABLE: Approximately \$49,510 total funds available (subject to approval by the Connecticut General Assembly).

GRANT PERIOD: July 1, 2023 - June 30, 2024

SUBMISSION OF APPLICATION: a) Submit one electronic copy, including attachments in the order listed below to Gjames@swcaa.org  
b) Attachments:  
1) Medication dispensing policy  
2) CT Adult Day Care Certification  
3) Annual budget  
4) Client fee schedule

APPLICATION DUE DATE **Completed application must be submitted to SWCAA (Gretchen James-GJames@SWCAA.org) by 3:00 P.M. on Wednesday, April 19, 2023**

**APPLICATIONS WILL NOT BE ACCEPTED AFTER THE DUE DATE**

**CRITERIA:** Services provided with Alzheimer's Day Care State funds must meet the following criteria.

## **1. ELIGIBILITY**

Funded Adult Day Centers shall be serving individual/s with a diagnosis of Alzheimer's or related dementia. For purposes of this program "Alzheimer's or related dementia" means the irreversible and deteriorating dementias that may include but are not limited to: Frontotemporal disorders, Lewy Body Dementia, Vascular Dementia/Vascular Cognitive Impairment, or Mixed Dementias \*1. Participants receiving Alzheimer's Aide services shall have had a comprehensive medical evaluation that has ruled out unrelated conditions such as depression, traumatic brain injury (TBI), alcoholism, or drug interactions.

Participants are expected to have a physician with whom the ADC may communicate and who shall certify by letter that he or she has done an appropriate medical evaluation and that the Participant's diagnosis is an irreversible and deteriorating dementia consistent with the definition provided above. Documentation to that effect should be on file at the funded ADC.

\*1- As defined by the National Institute on Aging, [www.nia.gov/health/alzheimers/related-dementias](http://www.nia.gov/health/alzheimers/related-dementias)

## **2. MINIMUM SERVICE LEVEL**

Each adult day center must provide comprehensive services appropriate for Alzheimer's and/or Alzheimer's type clients. Services provided minimally must include but not be limited to: exercise, nutrition, health monitoring (blood pressure screening, elimination patterns, etc.), the availability of licensed nursing supervision (appropriate care plan, assistance with medications, general nursing care), active and passive recreation, grooming, hygiene, transportation, activities designed to maximize the individual's cognitive and functional ability.

In addition, centers will be expected to provide caregiver support in the form of maintaining a regular link with a caregiver support group, family counseling, and/or training for family members or other caregivers.

Centers are required to submit proof of certification by the Connecticut Association of Adult Day Centers.

## **3. STAFF QUALIFICATIONS**

The center must be able to provide assurances that:

1. The staff are appropriately qualified and/or licensed professionals who can provide supervision of aides and the professional services needed by Alzheimer's Disease patients, and
2. That aides hired under these grants will be given appropriate training in both physical care of and methods of interaction with the Alzheimer's patients. Types of training may include in-service instruction, on-the-job training, and/or interaction with support groups.

#### **4. ROLE OF THE AIDE**

The aides hired with these funds will work in conjunction with professional staff who will provide the skilled care that clients need. The type of tasks an aide would be expected to perform under appropriate supervision may include: assisting clients from the transportation vehicle to the center, removing outerwear, taking attendance, providing light snacks, feeding, toileting, assisting clients to ambulate, supervising passive recreation, monitoring wandering, and assisting professional staff in providing reality orientation or motivational therapy.

#### **5. COST BENEFIT**

Aides funded under this grant may be full or part-time, may work for less than a full day or less than 5 days per week. Each position requested will be evaluated based on its appropriateness for the center involved (current staffing patterns, etc.), the number of Alzheimer's victims served, and the proposed cost in relation to the benefits obtained. In the event that an insufficient number of qualified applications are received from a given region, funds may be transferred to another region where they can be effectively utilized.

The funds may be used to pay the salary, fringe benefits and training costs related to increasing services to Alzheimer's victims. For the purpose of this program it is assumed that each aide hired will enable the center to care for three Alzheimer's victims. Funding from this grant is expected to pay only the extra costs that are caused by the nature of these clients' ailment not the entire cost of providing day care to these clients. Centers will be expected to obtain funding for the regular cost of care from traditional sources e.g., client/family payments, government per diem, local government support, private non-profit grants etc.

In cases where the prevailing wage rate is higher than the program can support, the adult day center must absorb any additional costs associated with higher salaries and fringes. The wage rate for an aide position funded under this proposal should be comparable to the current rate for equal positions within the respective community. **The fringe benefit rate should be comparable to the average rate of the subgrantee agency or municipality but shall not exceed 26%.**

#### **6. REPORTING REQUIREMENTS**

Each funded Adult Day Care will be required to submit to SWCAA a quarterly report listing the unduplicated number of Alzheimer's clients served by age, race, sex, the service days utilized by those clients, and the number of hours worked by the funded aide on the prescribed SWCAA form, for the quarter and year to date.

The Adult Day Care Center must maintain individual client files, including but not limited to diagnostic information, client needs assessments, care plans, and periodic progress notes. The files must be available for inspection.