

ACCESS TO INFORMATION GUIDED CARE MANAGEMENT ENHANCING THE AGING NETWORK



Southwestern CT
Agency
on Aging
& Independent Living



SWCAA is the trusted source of
advocacy, information, and access to
care for older and vulnerable adults
that provides resources to strengthen
the regional aging network.

2022 

ANNUAL REPORT



On behalf of the Southwestern CT Agency on Aging...

...we are delighted to share the success stories of 2022! SWCAA is grateful for the resiliency of its donors, partners, staff, and Board. Together, we met the challenges of the Public Health Emergency and maintained steadfast support for older adults and persons with disabilities. Today, the Agency is stronger than ever and ready to deliver our core services — Access to information, Guided care management and Enhancing the aging network (AGE).

Although we have reached a new, pandemic-driven normal, our clients face the challenges of double-digit inflation, escalating prescription drug costs and a limited supply of low-income housing. Thanks to our supporters and strong partnerships with the 14 cities and towns we serve, we stand ready to help adults disproportionately affected by these financial conditions. In the words of a critical needs fund recipient, a fund established by an anonymous donor of the Fairfield County Community Foundation, “I was drowning and SWCAA sent me a lifeboat.” At SWCAA, lifeboats come in all shapes and sizes. Thanks to the flexibility of the Fund, we are able to identify a need and respond with items that help an older adult remain independent.

Together, we will navigate the new year. In 2023, we will focus on education and information to help residents understand the costs and options available to support long-term care needs. Working through AgingCT, our strong alliance with Agencies on Aging across the State, we commit to help older and more vulnerable adults and the people who love them maintain dignity throughout their lifespans.

Marjolijn Baxendale

Marjolijn Baxendale, Chairman

Marie Allen

Marie Allen, President and CEO

WHO WE SERVE In 2022, SWCAA served:

- **Over 10,000 older** adults, caregivers and people with disabilities 
- Supported community life for **hundreds** of former nursing home patients 
- Navigated insurance hurdles for **3,500 Medicare beneficiaries**
- Served over **1 million meals** to Meals on Wheels participants
- Assisted some of the oldest, poorest and **most vulnerable in our community**

Many thanks to our supporters:



A & B Home Solutions LLC
Ellen Abend
Marie Allen
Amramp, Bob & Kim Danek
Susie Basler
Marjolijn Baxendale
Francis & Jeanette Bogdan
Darien Senior Activities Center,
Elizabeth Paris
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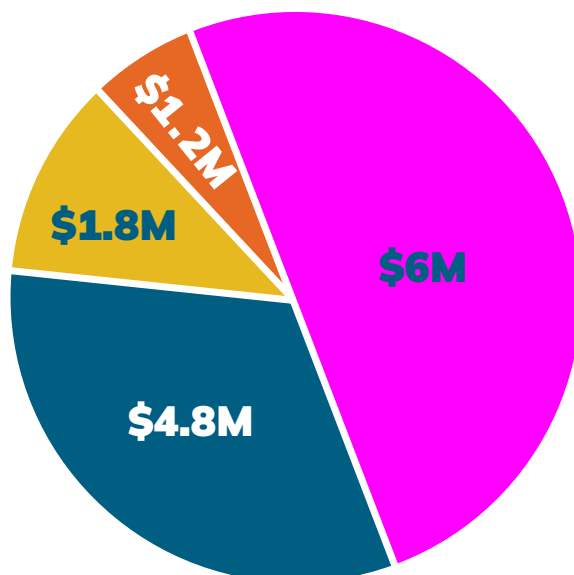
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CT Aging & Disability Services
CT Department of Public Health
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Fairfield County Community
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REVENUE

Where \$ Comes From

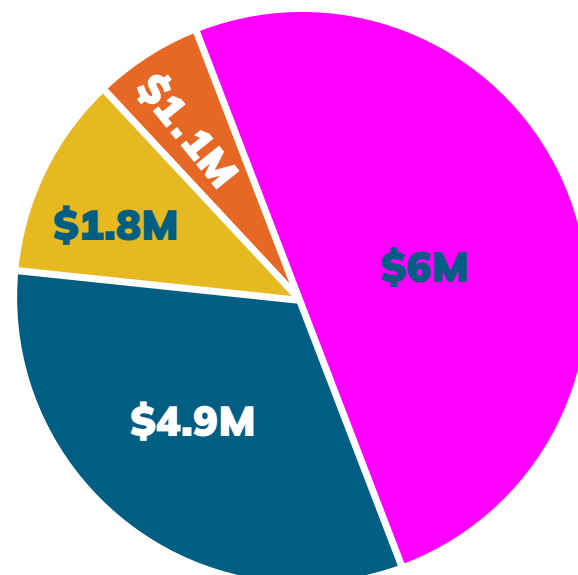
FY2022 Total Revenue



Expense

Where \$ Goes

FY2022 Total Revenue



- **Community Options for people who want to remain in their community**
- **Care Management provides an alternative to nursing home care**
- **Federal & State grant funding for the aging network**
- **Other special programs to meet critical needs**

Care Management

The Connecticut Home Care Program for Elders serves over 2,500 older adults in southwestern CT. For Mrs. K, the program has special meaning and helps her live independently. Mrs. K began the program over a decade ago after experiencing a stroke. She is seen here with her Care Manager, Christopher. She calls Christopher a gift. This year, when she found herself alone on Thanksgiving, Mrs. K received an invitation to join her long-time aide for dinner with his family.



Grants



The place where everybody knows your name- Hall Neighborhood House. With funding support from the Southwestern Connecticut Agency on Aging, Hall Neighborhood House is home to over 100 seniors. Friendship, fellowship, access to information and services makes Hall a special place. According to Cheryl Delaney, Hall's Executive Assistant, "SWCAA's impact on Hall Senior Center is huge! The support allows us to be there for our Senior Community every day. SWCAA provides learning resources on health and nutrition and information on outside resources that enhance the lives of our seniors. SWCAA supports community caregivers, which in turn benefits our seniors."

Community Services

In August of 2022, the Critical Needs Fund, a specialized charitable fund supported by the Fairfield County Community Foundation and SWCAA donors, met Mrs. J. She had suffered a fall while climbing the front steps of her home. Thanks to the flexible model of the Critical Needs Fund, Service Navigator Olivia was able to purchase and install new handrails. This gave Mrs. J the freedom to once again leave her home. "I am so grateful and thankful of the help this gives me. I now feel safe and have security going up and down the front steps. We're all human and we all need help from one another, Olivia showed me help is still out there."



Community Options



"There is no place like home." It's a feeling expressed by many of SWCAA's participants in the Money Follows The Person Program. Money Follows The Person helps older adults and persons with disabilities transition out of nursing facilities and return to a home in the community. "This program has given me back my freedom," said Mrs. T, seen here with Supervisor Herby as she starts her new life in the community. Mrs. T was wheelchair-bound in the nursing home. Less than five months later, thanks to physical therapy and the support of her SWCAA team, Mrs. T can take steps and ambulate on her own. She invited Herby back to see her improvement- congratulations Mrs. T!

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