



COMMUNITY SUPPORTS  
SENIOR CENTERS

Senior Centers offers older adults an array of services and programs that can help people remain healthy, independent and connected to the community. Each Center is unique and reflects the landscape of the community it serves.

<p><b>Bridgeport</b> <u><a href="#">Black Rock Senior Center</a></u> 2676 Fairfield Avenue Bridgeport CT 06605 Transportation: Yes Hours of Operation: 9:00 am – 4:00 pm Executive Director: <b>Bonnie Bolta-Roach</b> 203-576-7258</p>	<p><b>Bridgeport</b> <u><a href="#">D. Eisenhower Senior Center</a></u> 263 Golden Hill Street Bridgeport CT 06604 Transportation: to and from the center only Hours of Operation: 8:30 am - 4:30 pm Executive Director: <b>Marie Heller</b> 203-576-7993</p>
<p><b>Bridgeport</b> <u><a href="#">East Side Senior Center</a></u> 1057 East Main Street Bridgeport CT 06608 Transportation: Yes Hours of Operation: : 9:00 am – 3:00 pm Executive Director: <b>Rosemary Wong</b> 203-576-7212</p>	<p><b>Bridgeport</b> <u><a href="#">Hall Neighborhood Senior Center</a></u> 52 George E. Pipkin Way Bridgeport, CT 06608 Transportation: Yes Hours of Operation: Mon-Fri, 9:00 am – 3:00 pm Program Director: <b>Jessica Ortiz</b> 203-345-2000</p>
<p><b>Bridgeport</b> <u><a href="#">North End Bethany Center</a></u> 20 Thorne Street Bridgeport CT 06606 Transportation: Yes Hours of Operation: 9:00 am – 4:00 pm Executive Director: <b>Carrie Taylor</b> 203-576-7730</p>	<p><b>Darien</b> <u><a href="#">Darien Senior Activities Center</a></u> 2 Renshaw Road Darien, CT 06820 Hours of Operation: Mon-Fri, 9:00 am – 3:00 pm Director: <b>Beth Paris</b> 203 656-7300</p>



---

COMMUNITY SUPPORTS  
SENIOR CENTERS

<b>Easton</b> <a href="#">Easton Senior Center</a> 650 Morehouse Road Easton, CT 06612 Hours of Operation: Mon-Fri, 7:30 am – 3:00 pm Director: <b>Val Buckley</b> 203 374-0829	<b>Fairfield</b> <a href="#">The Bigelow Center for Senior Activities</a> 100 Mona Terrace Fairfield, CT 06824 Director: <b>Amy O'Donnell</b> 203 256-3166
<b>Greenwich</b> <a href="#">Greenwich Senior Center</a> 299 Greenwich Avenue Greenwich, CT 06830 Hours of Operation: Mon-Fri, 9:00am – 4:00pm Director: <b>Laurette Helmrich</b> 203 862-6700	<b>Monroe</b> <a href="#">Monroe Senior Center</a> 235 Cutlers Farm Road Monroe, CT 06468 Hours of Operation: Mon-Fri, 8:30 am - 4:30 pm Director: <b>Henna Ali</b> 203 452-2815
<b>New Canaan</b> <a href="#">New Canaan Lapham Center</a> WAVENY Park All Mail sent to: PO Box 83 New Canaan, CT 06820 Hours of Operation: Mon-Thurs, 8:30 am - 4:30 pm Friday, 8:30 am – 4:00 pm Director: <b>Lyn Bond</b> 203-594-3620	<b>Norwalk</b> <a href="#">Norwalk Senior Center</a> 11 Allen Road Norwalk, CT 06851 Hours of Operation: 8:00 am – 4:30 pm Director: <b>Beatrix Lane</b> 203 847-3115




---

COMMUNITY SUPPORTS  
SENIOR CENTERS

<p><b>Norwalk</b></p> <p><u><a href="#">Norwalk Senior Center South</a></u> 92 Cedar Street Norwalk, CT 06854 Hours of Operation: 9:00am – 2:00pm Director: <b>Beatrix Lane</b> 203 299-1500 Bi-lingual programs</p>	<p><b>Stamford</b></p> <p><u><a href="#">Stamford Senior Center</a></u> 888 Washington Boulevard Stamford, CT, 06901 Transportation: Yes Hours of Operation: 9:00 am – 5:00 pm Executive Director: <b>Christina Crain</b> 203-977-5151</p>
<p><b>Stamford</b></p> <p><u><a href="#">Over Sixty</a></u> – Senior Neighborhood 628 Main Street Stamford, CT Transportation: No Hours of Operation: Mon-Fri, 10:00am-3:00pm Executive Director: <b>Betty McOsker</b> 203-249-2607</p>	<p><b>Stratford</b></p> <p><u><a href="#">Baldwin Center Programs and Activities</a></u> 1000 West Broad Street Stratford CT 06614 Hours of Operation: 8:30 am-4:00pm Executive Director: <b>Sandy Arburr</b> 203 385-4050</p>
<p><b>Trumbull</b></p> <p><u><a href="#">Trumbull Senior Center</a></u> 23 Priscilla Place Trumbull, CT 06611 Transportation: Yes Hours of Operation: Mon-Fri 9:00am-4:00pm Executive Director: <b>Michele Jakab</b> 203- 452-5198</p>	<p><b>Weston</b></p> <p><u><a href="#">Weston Senior Center</a></u> 9 School Road Weston CT 06883 Transportation: Dial-A-Ride Hours of Operation: Mon-Fri 9:00am-3:00pm, Director: <b>Wendy Petty</b> 203-222-2608</p>



---

COMMUNITY SUPPORTS  
SENIOR CENTERS

<b>Westport</b>	<b>Wilton</b>
<p><u><a href="#">Westport Center for Senior Activities</a></u> 21 Imperial Avenue Westport CT 06880 Hours of Operation: Mon, Tue, Thurs, 8:30am-4:00pm Wed, Fri, 7:30am-4:30pm, Sat 8:30am-12:30pm Director: <b>Susan L. Pfister</b> 203-341-1187</p>	<p><u><a href="#">Wilton Senior Center</a></u> 180 School Road Wilton, CT 06897 Transportation: Dial-A-Ride Hours of Operation: Varied Executive Director: <b>Sarah Heath</b> 203-834-6240</p>