



---

ELDERS  
SERVICES AVAILABLE

CHCPE offers a menu of services designed to meet your needs and help you maintain a strong quality of life. You and your loved one will work with a Care Manager to develop a plan of care. Services providers are contracted with State of Connecticut and become partners with you and your Care Manager to ensure a safe, flexible care plan.

CHCPE provides social services along with traditional Medicaid health services including:

**Adult Family Living**

Adult family living services provide an individual with continuous monitoring, supervision, and coordination of daily living and management of overall health and welfare. These services are provided in your own home or your Caregiver's home on a 24-hour basis.

**Adult Day Health Services**

Adult day health services are provided through a community-based program designed to meet the needs of cognitively and physically impaired adults through a structured, comprehensive program that provides a variety of health, social and related support services, including but not limited to socialization, supervision and monitoring, personal care and nutrition in a protective setting during any part of a day.

There are two different models of adult day health services: the social model and the medical model. Both models shall include the minimum requirements described in Section 17b-342-2(b)(2) of these regulations. In order to qualify as a medical model, adult day health services shall also meet the requirements described in Section 17b-342-2(b)(3).



---

## ELDERS SERVICES AVAILABLE

### **Care Management Services**

Care Management Services include assessment, monitoring and coordination of care plans to help an individual remain safely in their home. Using a person-centered approach, the Care Manager works with the individual and his/her loved one to maximize independence and dignity.

### **Chore Services**

Chore services include the performance of heavy indoor or outdoor work or household tasks to individuals who are unable to do these tasks for themselves because of frailty or other conditions. These services are necessary to maintain and promote a healthy and safe environment for elders in their own homes

### **Chore Services (Highly skilled)**

Extraordinarily heavy cleaning where the work required is beyond the heavy cleaning normally performed by chore services.

### **Companion Services**

Companion services are home-based supervision and monitoring activities that assist or instruct an individual in maintaining a safe environment, when the person is unable to maintain a safe environment or when the person primarily responsible for monitoring and supervising is absent or unable to perform such activities.

### **Home Delivered Meals**

Home delivered meals, or "meals on wheels," include the preparation and delivery of one (1) or two (2) meals for persons who are unable to prepare or obtain nourishing meals on their own.

### **Homemaker Services**

Homemaker services are general household management activities provided in the home to assist or instruct an individual in managing a household when the person is unable to manage the home or when the individual primarily responsible is absent or unable to perform such management activities. These services are provided on a part-time or intermittent basis



---

ELDERS  
SERVICES AVAILABLE

**Mental Health Counseling Services**

Mental health counseling services are professional counseling services provided to help resolve or enable the eligible individual to cope with individual, family, or environmentally related problems and conditions.

Counseling focuses on issues such as problems in maintaining a home in the community, relocation within the community, dealing with long term disability, substance abuse, and family relationships.

**Personal Care Attendants (PCA)**

PCA is a non-medical, in-home caregiver that assists an elderly or disabled person with their personal care needs, supervision and activities of daily living. PCA's may be provided a number of ways - self-hire, agency based, hourly, overnight, and live-in, based on specific criteria.

**Personal Emergency Response System Services**

A Personal Emergency Response System (PERS) service is an in-home, 24-hour electronic alarm system activated by a signal to a central switchboard.

**Respite Care Services**

Respite care services provide short-term relief from the continuous care of an elderly individual for the individual's family or other primary caregiver.

**Skilled Nursing, Physical Therapy, Occupational Therapy, Home Health Aide**

Skilled services may be provided on a limited basis to monitor the general health of an individual and their changing medical needs in accordance with Public Health requirements.