



PROGRAMS DEPARTMENT
CRISIS INTERVENTION

Crisis intervention refers to approaches used to offer immediate, temporary help to individuals who experience a situation that prompts emotional, mental, physical, and behavioral distress. A crisis can refer to any event in which the individual perceives a loss of their ability to apply problem-solving skills or coping mechanisms.

The agencies below provide crisis intervention services.

[Southwest Connecticut Mental Health System Regional Mobile Crisis Intervention Team](#)

203-358-8500
800-586-9903 (24/7)

The Regional Mobile Crisis Team is available to provide support for adults (18 years and older) who are experiencing a behavioral health crisis in the comfort of their own home or other community location.

Covers the towns of: (but not limited to...)

Darien, Greenwich, New Canaan, Stamford, Weston, Wilton, Norwalk, Westport, Southport, Bridgeport, Easton, Fairfield, Monroe, Stratford, and Trumbull.

[Franklin S. DuBois Center](#)

780 Summer Street
Stamford, CT 06905
203-358-8500 (8am to 8pm)

Covers the towns of: Darien, Greenwich, Norwalk, Stamford, Weston, Westport, Wilton

www.swcaa.org
203-333-9288



1000 Lafayette Blvd, 9th Fl
Bridgeport CT 06604

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Greater Bridgeport Community Mental Health Center

1635 Central Avenue
Bridgeport, CT 06610
203-551-7507 (24 hours)
203-551-7400 (8am to 8pm), 800-586-9903

Covers the towns of: Bridgeport, Easton, Fairfield, Monroe, New Canaan,
Stratford, Trumbull