



COMMUNITY SUPPORTS
CONGREGATE MEALS

Congregate meals offer older adults an opportunity to enjoy a well-balanced nutritious meal while enjoying the company of others in a social setting. Many sites are located at a senior center or housing site where participants can engage in various activities of their choice. Group nutrition education and counseling which promote the role of nutrition in preventative health is also available.

Congregate meals are coordinated by SWCAA and supported by federal and state funds that provide services for participants aged 60 and over. Anonymous donations are suggested but not required.

For serving times and to make a reservation at a meal site in your community please see the list below.

Bridgeport		
<u>Senior Center at Hall Neighborhood House</u> 52 George E Pipkin's Way Bridgeport, CT 06608 203-345-2000		2400 North Ave 2400 North Avenue Bridgeport, CT 06604 203-367-0605
Fairfield		
Dwight D. Eisenhower Senior Center 263 Golden Hill Street Bridgeport, CT 06604 203-576-7993		<u>Bigelow Center for Senior Activities</u> 100 Mona Terrace Fairfield, CT 06430 203-256-3166
Greenwich		
East Side Senior Center 1057 E. Main Street Bridgeport, CT 06608 203-576-7212		<u>Hill House Senior Housing</u> 8 Riverside Avenue Riverside, CT 06878 203-637-3177



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Norwalk		
<u>The Marvin Senior Housing</u> 60 Gregory Boulevard Norwalk, CT 06855 203-854-4660		<u>Stamford Senior Center</u> 888 Washington Boulevard Stamford, CT 06901 203-977-5151
		Stratford
<u>Broad River Homes</u> 108 New Canaan Avenue Norwalk, CT 06850 203-846-3700		<u>Stratford Baldwin Center</u> 1000 West Broad Street Stratford, CT 06615 203-385-4050
		Trumbull
<u>Norwalk Senior Center</u> 11 Allen Road Norwalk, CT 06851 203-847-3115		<u>Trumbull Senior Citizens Center</u> 23 Priscilla Place Trumbull, CT 06611 203-452-5199
Stamford		
<u>Over 60 Club</u> St. John's Episcopal Church 628 Main Street Stamford, CT 203-748-1228		<u>Westport Center for Senior Activities</u> 21 Imperial Avenue Westport, CT 06880 203-341-5099
<u>Stamford Jewish Center</u> 1035 Newfield Avenue Stamford, CT 06905 203-322-7900		

www.swcaa.org
203-333-9288



1000 Lafayette Blvd, 9th Fl
Bridgeport CT 06604

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For more information contact

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