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## COMMUNITY SUPPORTS CHOICES

CHOICES (Connecticut's Health insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screening).

CHOICES helps Connecticut's older adults and other people with Medicare understand their Medicare and health care options. We provide INFORMATION on Medicare, Medigap, Medicare Advantage Plans, Medicaid, Long Term Care Insurance and other related state & federal programs.



The CHOICES works in cooperation with the CT Department of Rehabilitation Services - State Unit on Aging, and is administered by the five Area Agencies on Aging in Connecticut. Each Area Agency on Aging has staff who receive extensive training in health insurance issues. They can provide you with written or verbal information and can refer interested persons to trained counselors within their community for one-on-one, in-person assistance as needed.

CHOICES counselors consist of volunteers and local social service professionals who have gone through a four day intensive training. Counselors do not sell insurance. They provide the information and assistance necessary for consumers to understand their rights, receive benefits to which they are entitled and assist them to make the most informed choice regarding their health insurance options.

If you are interested in becoming a CHOICES Volunteer Counselor please contact [Sadie Padilla](#). The training schedule for 2019 is available at the State Department on Aging.



## COMMUNITY SUPPORTS CHOICES

More information can be found at the following:

[Choices Brochure](#)

[Choices Volunteer Roles](#)

[Choices Application](#)

[Local CHOICES counseling sites](#)

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For additional information on Choices:

- CHOICES at (800) 994-9422 or (203) 333-9288.