CT HOME CARE PROGRAM FOR ELDERS (CHCPE)  
SERVICES AVAILABLE

After the Care Manager does the assessment with the client, a Plan of Care is developed with the client, family and the Care Manager. The services are based on the needs of the client, and the providers chosen have a contract for specific services with SWCAA. The services not only reflect the clients needs but they meet the financial guidelines that are appropriate for each level of care through CHCPE.

CHCPE provides social services along with traditional Medicaid health services including:

**Adult Family Living**
Adult family living services provide an individual with continuous monitoring, supervision, and coordination of daily living and management of overall health and welfare. These services are provided on a 24-hour basis in a private non-related family residence, and when necessary to prevent or delay institutionalization.

**Adult Day Health Services**
Adult day health services are provided through a community-based program designed to meet the needs of cognitively and physically impaired adults through a structured, comprehensive program that provides a variety of health, social and related support services, including but not limited to socialization, supervision and monitoring, personal care and nutrition in a protective setting during any part of a day.

There are two different models of adult day health services: the social model and the medical model. Both models shall include the minimum requirements described in Section 17b-342-2(b)(2) of these regulations. In order to qualify as a medical model, adult day health services shall also meet the requirements described in Section 17b-342-2(b)(3).
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Care Management Services
Care management services include those activities that involve implementation, coordination, monitoring and reassessment of a community based plan of care. Care management is a consumer-centered service that respects consumers' rights, values and preferences.
The care manager assists the consumer in coordinating all types of assistance to meet the individual's needs, monitoring the quality of services provided and using resources efficiently.

Chore Services
Chore services include the performance of heavy indoor or outdoor work or household tasks to individuals who are unable to do these tasks for themselves because of frailty or other conditions. These services are necessary to maintain and promote a healthy and safe environment for elders in their own homes.

Companion Services
Companion services are home-based supervision and monitoring activities which assist or instruct an individual in maintaining a safe environment, when the person is unable to maintain a safe environment or when the person primarily responsible for monitoring and supervising is absent or unable to perform such activities.

Home Delivered Meals
Home delivered meals, or "meals on wheels," include the preparation and delivery of one (1) or two (2) meals for persons who are unable to prepare or obtain nourishing meals on their own.

Home Health Services
Home health services include the same medical procedures that are included in the definition of home health services under the Medicaid program.
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Homemaker Services
Homemaker services are general household management activities provided in the home to assist or instruct an individual in managing a household when the person is unable to manage the home or when the individual primarily responsible is absent or unable to perform such management activities. These services are provided on a part-time or intermittent basis.

Mental Health Counseling Services
Mental health counseling services are professional counseling services provided to help resolve or enable the eligible individual to cope with individual, family, or environmentally related problems and conditions. Counseling focuses on issues such as problems in maintaining a home in the community, relocation within the community, dealing with long term disability, substance abuse, and family relationships.

Personal Emergency Response System Services
A Personal Emergency Response System (PERS) service is an in-home, 24-hour electronic alarm system activated by a signal to a central switchboard.

Respite Care Services
Respite care services provide short-term relief from the continuous care of an elderly individual for the individual's family or other primary caregiver.

Highly skilled chore services
(A) Extraordinarily heavy cleaning where the work required is beyond the heavy cleaning normally performed by chore services;
(B) Electrical repairs or installation
(C) Plumbing repairs
(D) Minor home repairs; and
(E) Extermination.