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## ADVOCACY

The most effective form of advocacy comes from an informed and engaged constituency. The Area Agencies on Aging need your help to advocate for the needs of senior adults and adults with disabilities. Your voice will keep the needs of older adults and persons with disabilities in front of our elected officials. Listed below are links to our legislative priorities, Southwestern CT legislators and the [Connecticut Legislative Information](#) website with links to legislators, bills and public hearing calendars.

We will provide periodic updates on proposed federal/state legislation as well as various regulations that might impact services for seniors. Please contact your legislator to weigh in on these or other issues of import. For additional information on these alerts, or advocacy issues in general, please contact [Marie Allen](#) at (203) 333-9288.

### [Medicare Savings Program Alert](#)

#### **Legislative Priorities:**

<a href="#">Aging Committee Testimony</a>	02/14/19
<a href="#">Aging Committee Testimony</a>	02/19/19
<a href="#">Human Services Committee Testimony</a>	02/19/19

#### **Find Your State Legislator:**

[CT House of Representatives](#)

[CT Senate](#)



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### **Federal Legislators:**

[Rep. Rosa DeLauro – Third District \(D\)](#)

[Sen. Richard Blumenthal \(D\)](#)

[Rep. Jim Himes – Fourth District \(D\)](#)

[Sen. Christopher Murphy \(D\)](#)

You can make a difference for older adults, persons with disabilities and the people who love them.

1. Visit and volunteer at a local nursing facility or chronic care hospital. See a listing of [Southwestern CT nursing facilities here.](#)
2. Help seniors in your community by calling your local [senior center](#) and asking how you can help. Volunteer opportunities with home delivered meals, rides to medical appointments or teaching classes in a computer lab can be rewarding for you and the older person!
3. Keep abreast of potential legislation that could harm the economic security of older adults. SWCAA's Advocacy Alerts will provide you with the facts. Your voice counts!
4. Raise awareness in your community- join an Alzheimer's Walk, host an informational session about living independently or spread the word about caregiver resources through your social media contacts.