



**HOME CARE
ADULT DAY CARE**

Adult Day Care Centers provide a variety of health, social, recreational and related support services. They may include but are not limited to socialization, monitoring, personal care and nutrition in a protective setting during the work day. These programs are designed to meet the needs of cognitively and/or physically impaired adults through structured therapeutic and recreational activities.

Bridgeport		Norwalk
<u>Park City Adult Day Care</u> 55-A Chapel Street Bridgeport, CT 06604 (203) 335-1001		<u>Elderhouse</u> 7 Lewis Street Norwalk, CT 06851 (203) 847-1998
Fairfield		Stratford
<u>Jewish Senior Services/ Grasmere on Park Avenue</u> 4200 Park Avenue Bridgeport, CT 06604 (203) 365-6470		<u>Baldwin Center</u> 1000 West Broad Street Stratford, CT 06615 (203) 385-4050
Greenwich		
<u>River House Adult Day Center</u> 125 River Road Ext. Cos Cob, CT 06807 (203) 622-0079		<u>Sunset Shores Adult Day Health Center</u> 720 Barnum Avenue Cutoff Stratford, CT 06614 (203) 380-1228
New Canaan		Trumbull
<u>Waveny Care Lifecare Network</u> 3 Farm Road New Canaan, CT 06840 (203) 594-5200		<u>Kennedy Center, Senior Options</u> 2440 Reservoir Ave Trumbull, CT 06611 (203) 365-8522