



LOCAL HELP FOR PEOPLE WITH MEDICARE



For aging and Long-term needs.

Call CHOICES at your Area Agency on Aging Toll Free 1-800-994-9422

CHOICES programs are managed by the CT Department of Social Services, Aging Services Division (State Unit on Aging) and administered through the Center for Medicare Advocacy and Connecticut's Area Agencies on Aging. Programs are funded by grants from the State of Connecticut, Centers for Medicare and Medicaid Services (CMS) and the Administration on Aging.

Senior Resources Agency on Aging

4 Broadway, 3rd Floor
Norwich, CT 06360
860-887-3561

www.seniorresourcesec.org

Service area: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Chester, Clinton, Colchester, Columbia, Coventry, Cromwell, Deep River, Durham, East Haddam, East Hampton, East Lyme, Eastford, Essex, Franklin, Griswold, Groton, Haddam, Hampton, Killingly, Killingworth, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Middlefield, Middletown, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Plainfield, Pomfret, Portland, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Westbrook, Willington, Windham, and Woodstock.

North Central Area Agency on Aging 151 New Park Ave., PO Box 75 Hartford, CT 06106
860-724-6443

www.ncaaact.org

Service area: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, and Windsor Locks.

Agency on Aging of South Central CT One Long Wharf Drive New Haven, CT 06511
203-785-8533

www.aopartnerships.org

Service area: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, and Woodbridge.

Southwestern CT Agency on Aging 1000 Lafayette Blvd. Bridgeport, CT 06604
203-333-9288

www.swcaa.org

Service area: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, and Wilton.

Western CT Area Agency on Aging 84 Progress Lane Waterbury, CT 06705
203-757-5449

www.wcaaa.org

Service area: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Wolcott, and Woodbury.



YOU HAVE CHOICES

What is CHOICES?

CHOICES helps Connecticut's older adults and other people with Medicare understand their Medicare coverage and healthcare options. CHOICES offers a number of free programs, as well as community outreach, and information and referral services on a wide variety of topics.



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To make informed health insurance decisions.

State Health Insurance Assistance Program (SHIP)

CHOICES staff and volunteer counselors have extensive training and experience helping individuals to understand health insurance issues including:

- Medicare
- Medicaid
- Prescription Drug Benefits
- Supplemental Medigap Policies
- Long-Term Care Insurance Policies

Counselors do not sell insurance or recommend one plan over another.

To prevent, detect and report healthcare fraud and abuse.

Senior Medicare Patrol (SMP)

CHOICES counselors and volunteers help Medicare beneficiaries and their families become better informed healthcare consumers. They empower consumers and help protect them from becoming victims of scam artists by teaching them to recognize and report healthcare fraud.

CHOICES SHIP and SMP counselors provide free and objective information by phone and in person at sites throughout the state. They also provide individual guidance for handling suspected fraud and scams.

To manage your quality of life .

Information and Referral Counseling

CHOICES is a one-stop shop for information about aging and long-term care services, referring consumers to appropriate agencies and programs that provide services to address many problems and concerns encountered by older adults, people with disabilities, their families, and caregivers, such as:

- Adult Day Centers
- Housing Options
- Transportation
- Elder Abuse and Exploitation
- Nutrition Services
- Legal Matters

CHOICES also offers counseling on options for long-term care.

To receive the benefits you are entitled to.

Eligibility Screening

Using *Benefits Check-Up*, CHOICES counselors provide information and preliminary screening for more than 20 federal and state programs that may help pay for some prescription drugs, healthcare, utilities, and other needs.

To make a difference in your community.

Volunteer Opportunities

CHOICES trains volunteers for the gratifying work of helping seniors and other Medicare beneficiaries and their families to better understand all of their options for current and long-term needs. To learn more about becoming a CHOICES volunteer, call 1-800-994-9422.

