



PROGRAMS DEPARTMENT
SENIOR CENTERS

Community-based agencies that provide social, recreational, educational, fitness and/or social services to older adults in the community to maintain independence and improve the quality of life for older adults. Some centers also offer meals from one to five days per week. Senior Centers can be municipally or privately funded and therefore costs for programs vary.

Click on your town		
<u>Bridgeport</u>	<u>Monroe</u>	<u>Trumbull</u>
<u>Darien</u>	<u>New Canaan</u>	<u>Weston</u>
<u>Easton</u>	<u>Norwalk</u>	<u>Westport</u>
<u>Fairfield</u>	<u>Stamford</u>	<u>Wilton</u>
<u>Greenwich</u>	<u>Stratford</u>	



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Bridgeport	
<p>BlackRock Senior Center 2676 Fairfield Avenue, Bridgeport CT 06605 Transportation: Yes Hours of Operation: 9 am - 4 pm Executive Director: Bonnie Bolta-Roach 203-576-7258</p>	<p>Hall Neighborhood Senior Center 52 George E. Pipkin Way, Bridgeport, CT 06608 Transportation: Yes Hours of Operation: Mon-Fri, 9am-3pm Program Director: Jessica Ortiz 203-345-2000</p>
Darien	
<p>D. Eisenhower Senior Center 263 Golden Hill Street, Bridgeport CT 06604 Transportation: to and from the center only Hours of Operation: 8:30 am-4:30 pm Executive Director: Marie Heller 203-576-7993</p>	<p>Darien Senior Activities Center 2 Renshaw Road, Darien, CT 06820 Hours of Operation: Monday-Friday, 9am-3pm Director: Beth Paris 203 656-7300</p>
Easton	
<p>North End Bethany Center 20 Thorne Street, Bridgeport CT 06606 Transportation: Yes Hours of Operation: 9 am - 4 pm Executive Director: Carrie Taylor 203-576-7730</p>	<p>Easton Senior Center 650 Morehouse Road, Easton, CT 06612 Hours of Operation: Monday-Friday, 7:30am - 3pm Director: Eileen Zimmerman 203 374-0829</p>
Fairfield	
<p>East Side Senior Center 1057 East Main Street, Bridgeport CT 06608 Transportation: Yes Hours of Operation: 9 am -3 pm Executive Director: Rosemary Wong 203-576-7212</p>	<p>The Bigelow Center for Senior Activities 100 Mona Terrace , Fairfield, CT 06824 Director: Melissa DiVito 203 256-3166</p>



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Greenwich		Norwalk
<u>Greenwich Senior Center</u> 299 Greenwich Avenue, Greenwich, CT 06830 Director: Laurette Helmrich 203 862-6700		<u>Norwalk Senior Center South</u> 92 Cedar Street, Norwalk, CT 06854 Director: Beatrix Winter Bi-lingual programs 203 299-1500
Monroe		Stamford
<u>Monroe Senior Center</u> 235 Cutlers Farm Road, Monroe, CT 06468 Hours of Operation: Mon-Fri, 9:00am-5:00pm Director: Barbara Yeager 203 452-2815		<u>Over Sixty – Senior Neighborhood</u> 628 Main Street, Stamford, CT Transportation: No Hours of Operation: Monday-Friday 10:00am-3:00pm Executive Director: Betty McOsker 203-249-2607
New Canaan		
<u>New Canaan Lapham Center</u> WAVENY Park All Mail sent to: PO Box 83 New Canaan, CT 06820 Hours of Operation: Monday- Thursday, 8:30am-4:30pm Friday, 8:30am-4pm Director: Lyn Bond 203-594-3620		<u>Stamford Senior Center</u> 888 Washington Boulevard, Stamford, CT, 06901 Transportation: Yes. Hours of Operation: 9:00am – 4:30pm Executive Director: Christina Crain 203-977-5151
Norwalk		Stratford
<u>Norwalk Senior Center</u> 11 Allen Road, Norwalk, CT 06851 Director: Beatrix Winter 203 847-3115		<u>Baldwin Center Programs and Activities</u> 1000 West Broad Street Stratford CT 06614 Hours of Operation: 8:30 am-4:00pm Executive Director: Lauren Donovan 203 385-4050



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Trumbull		Westport
<p><u>Trumbull Senior Center</u> 23 Priscilla Place Trumbull, CT 06611 Transportation: Yes Hours of Operation: Monday-Friday, 9:00am-4:00pm Executive Director: Michele Jakab 203- 452-5198</p>		<p><u>Westport Center for Senior Activities</u> 21 Imperial Avenue Westport CT 06880 Hours of Operation: Mon, Tue, Thurs, Fri, 8:30am-4:00pm Wed, 8:30am-8:00pm, Sat 8:30am-12:30pm Director: Susan L. Pfister 203-341-1187</p>
Weston		Wilton
<p><u>Weston Senior Center</u> 9 School Road Weston CT 06883 Website: None Transportation: Dial-A-Ride Hours of Operation: Mon, Tues, Thurs 10:00am-3:00pm, Wed (Lunch) Director: Wendy Petty 203-222-2608</p>		<p><u>Wilton Senior Center</u> 180 School Road Wilton, CT 06897 Transportation: Dial-A-Ride Hours of Operation: Varied Executive Director: Sarah Heath 203-834-6240</p>