



PROGRAMS DEPARTMENT
LEGAL SERVICES

Legal services offer the provision of legal advice, counseling and representation by an attorney or other person acting under the supervision of an attorney. The following agencies are private non-profit agencies that provides legal assistance to low income families.

- **Connecticut Legal Services** Administrative Office
Middletown 62 Washington Street,
Middletown, CT 06457
Phone: (860) 344-0447
Fax: (860) 346-2938 Email: Connecticut Legal Services
- **Bridgeport Office**
1000 Lafayette Blvd 9th Floor
Bridgeport, CT 06604
Phone: (203) 336-3851 or (800) 809-4434
- **Stamford Office**
1171 Summer Street,
Stamford, CT 06905
Phone: (203) 348-9216 Fax: (203) 348-2589



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- **Consumer Law Project for Elders**
Phone: (800) -296-1467 Monday through Friday from 9:00am – 5:00pm
Provides free legal assistance to seniors with consumer legal problems through a statewide telephone hotline.

- **The Center for Medicare Advocacy**
The Center for Medicare Advocacy is a national non-profit, non-partisan organization that provides education, advocacy, and legal assistance to help elders and people with disabilities obtain Medicare and necessary health care.
 - **Bridgeport Office**
Phone: (203) 336-3851

 - **Stamford Office**
Phone: (203) 348-9216

 - **Southwestern CT**
Phone: (800) 809-4434

- **Center for Medicare Advocacy**
P. O. Box 350
Willimantic, CT 06226
Phone: (860) 456-7790 or (800) 262-4414



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The Long Term Care Ombudsman Program (LTCOP) works to improve the quality of life and quality of care of Connecticut citizens residing in nursing Homes, residential care homes and assisted living communities. The Long Term Care Ombudsman Program works to improve the quality of life and quality of care of Connecticut citizens residing in nursing homes, residential care homes and assisted living communities.

- **[Connecticut Long Term Care Ombudsman](#)**
Dan Lerman
370 James Street Suite 306
New Haven CT 06513
Phone: (860) 424-5200 or (866)-388-1888
- **[Southwestern Regional Long Term Care Ombudsman](#)**
Phone: (203) 597-4181 or (203) 551-5531
Kimberly Massey
1057 Broad Street
Bridgeport, CT 06604
- **[Amber Burke](#)**
249 Thomaston Avenue
Waterbury, CT 06702

Plan of Connecticut: The mission of Planned Lifetime Assistance Network (PLAN) is to assist families in planning for the future of their family member with a disability and to provide continuity of services after the principal advocate/care-givers have died or are unable to continue. For information on the Plan call their phone number at (860) 523-4951 or visit **[Plan of Connecticut](#)**.



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Lawyer Referral: Lawyer referral services maintain a list of attorneys by geographical area and by types of practices. A staff will ask the call to describe his/her problem and then refer the caller to an appropriate attorney.

- **[Connecticut County Bar Association](#)**
Phone: (203) 335-4116 – this number is the Fairfield Lawyer Referral Services
- **[National Academy of Elder Law Attorneys, Inc.](#)**
(List of attorneys by locations & areas of specialty)
- **[Elder Law & Legal Resources](#)**
Provides a list to elder laws related to health insurance, finance & estate planning issues.